## 48 Hour Swim

Organiser: German Red Cross - KV Niederlausitz / Wasserwacht Spremberg

in co-operation with the City of Spremberg, Volksbank Spree-Neiße e.G.

**Location:** Swimming Pool Spremberg, Alexander-Puschkin-Platz in 03130 Spremberg

**Date / Time:** Begin May 01, 2020 10.00 am

End May 03, 2020 10.00 am

Award Ceremony: May 03, 2020 at 11.00 am

Participation Fee: 20.00 EUR per participant

The fee allows participants unlimited re-entry throughout the competition

#### **Pre-Registration**

Until April 20, 2014, all individual participants and teams with the exact number of participants should please contact the directors at the information below. The total number of participants in the event is restricted to 300. The starting positions are assigned according to complete and correct registrations. Late registrations cannot be taken into account due to technical reasons. We kindly ask the team leader to hand in the attached list that includes all team participants by name.

# **Conditions of Participation**

- Popular sport competition
- Individuals and clubs or groups of any kind
- Lower level swimming awards
- Support equipment strictly prohibited (e.g. floatation devices, wetsuits, fins)
- In any case of a disagreement, the organiser's decision is final!
- > The participation in the team evaluation has to be indicated on the competition form. Changes during the competition are not possible.
- > All teams must consist of at least five members.
- > At most two members of one team can swim simultaneously. This can be subject to change in the course of the competition announced by the competition organiser.
- > Every team needs to appoint a team spokesperson. The spokesperson is responsible for the team's compliance with the house and swimming rules. In case of noncompliance and the disregard of a warning, the whole team is to be excluded from the competition.
- > The lanes are allocated to the teams on the day of the competition after the registration process of individuals and teams is finished
- > Teams have to provide a referee who can be appointed throughout the whole competition. The referees can be switched between teams.
- Ignorance of and the noncompliance with the rules of the competition can lead to the disqualification of the participants by the organiser.

### **Competition Aim:**

This sporting event is defined as a 48 Hour Swim. The distance swum by each participant is not restricted. Each participant can swim multiple times. Once in the water, the minimal distance for each start is 100 meters.

At the end of the competition, the individual distances will be added and evaluated. There will also be an evaluation of the total distance swum by teams and groups.

#### **Awards:**

- Participation certificate including the total distance swum for all active participants
- > Trophies for all winners in each category.
- Participants until 14 years of age having swum more than 2000 meters and participants older than 14 who completed more than 4000 meters receive a medal.

**Catering:** Paid for by the individual and provided by local snack bars and Wasserwacht Spremberg throughout the whole competition.

**Housing:** Prior registration is required for the school gym. Space for tents is also available. The earliest date of arrival is April 30, 2020. Registration until April, 20, 2020. A deposit between 10.00 EUR – 50.00 EUR needs to be paid when staying at the facilities provided by the organiser. This deposit will be paid back upon leaving when the facilities are left appropriately.

## For more information and questions please contact:

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